

WELLNESS

Relaxing, heavy or something between. We and our fanatastic partners help you find the right form for your group. Choose from Yoga, Qi Gong, running, crawling, gymnastics, cross-fit, obstaclecourse or forest hiking. All our instructors are specialists in their area and make sure you get the most out of your activity.

FACTS

Price: 395 SEK/ person
Minimimprice: 8500 SEK
Participants: 6 - 150 persons
Recomended time: 1 hour

Prices are valued excluding Swedish VAT



PHYSICAL



PLAYFUL



CHALLENGE

